FOR IMMEDIATE RELEASE

White Plains, NY – April 12, 2016 – Burke Rehabilitation Hospital is hosting its annual Heels & Wheels 5k Road Race and Walk on May 1, 2016. The event is open to all, enabling walkers, runners and wheelchair athletes to compete together in a fun and exciting race.

The race starts and ends on Burke’s campus on Mamaroneck Ave. in White Plains and features 8 classes, with first, second and third place winners awarded in categories including: male and female runners, male and female racing chair and male and female hand cycle.

In addition to the 5K there will be a Kids Fun Run following the race. The Fun Run is open to children between the ages of 4 and 12, with a 100-yard dash, quarter-mile run and a half-mile run, depending on the age group.

Registration for both events begins at 7 a.m., with the 5K starting at 8:30 a.m. The fee for adults is $25 before April 25 and $30 after that. For kids under age 15, the fee is $10 before April 25 and $15 after that. Kids ages 4 and under are free. The registration fee includes an event t-shirt and numbered bib. Proceeds benefit Burke Rehabilitation Hospital’s work providing quality rehabilitative care for patients regardless of their ability to pay.

The event is open to the public and community members are encouraged to attend and cheer on the runners. Volunteers are also needed to help out, in areas including: registration, bib/t-shirt handout, water station, traffic guide, after-race refreshments and more, with volunteers eligible to receive community service hours.

At this year’s event, the first annual Jenny Lewis Catalanello Memorial Award will be given out. The award, named in honor of Jenny Lewis Catalanello, Burke’s former Chief
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Development Officer who passed away last year, will be bestowed upon a volunteer who best exemplifies Jenny’s generous and giving spirit.

“The Heels & Wheels 5K brings together athletes of all abilities to take part in a fun event and see Burke’s mission of inclusion in action,” says Kathleen Edsall, Director of Community Wellness at Burke.

For more information on sponsorship opportunities, contact Colleen Borrelli at (914) 597-2849 or via email at eborrelli@burke.org.

To view the course details, register and more, visit www.burke.org. For additional information, questions about the event or to volunteer, contact Kathleen Edsall at (914) 597-2578 or kedsall@burke.org.

About Burke Rehabilitation Hospital
Burke Rehabilitation Hospital is a private, not-for-profit, acute rehabilitation hospital. Founded in 1915, it is the only hospital in Westchester County dedicated solely to rehabilitation medicine. Burke offers both inpatient and outpatient programs for those who have experienced a disabling illness, traumatic injury or joint replacement surgery. The hospital is part of Burke Rehabilitation Center, which also includes Burke Medical Research Institute and Burke’s Outpatient Division.

Burke’s world-renowned doctors and therapists provide state-of-the-art treatment while its research scientists explore the frontiers of neurological and rehabilitation medicine. All share the Burke mission to ensure that every patient makes the fullest possible recovery from illness or injury regardless of their ability to pay. For additional information on Burke Rehabilitation Center, please visit burke.org.

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