



Rehabilitation Hospital

Medical Research Institute

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## **News Release - News Release - News Release - News Release**

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### **“Burke Rehabilitation Center to Hold 2015 Centennial Heels & Wheels 5K Road Race, Walk and Kids Fun Run on May 3rd”**

#### **FOR IMMEDIATE RELEASE**

**White Plains, NY – April 7, 2015** – Burke Rehabilitation Center is hosting its annual Heels & Wheels 5k Road Race and Walk on May 3, 2015. The event is open to all, enabling walkers, runners and wheelchair athletes to compete together in a fun and exciting race.

The race starts and ends on Burke’s campus on Mamaroneck Ave. in White Plains and features 8 classes, with first, second and third place winners awarded in categories including: male and female runners, male and female racing chair and male and female hand cycle.

In addition to the 5K there will be a Kids Fun Run following the race. The Fun Run is open to children between the ages of 4 and 12, with a 100-yard dash, quarter-mile run and a half-mile run, depending on the age group.

Registration for both events begins at 7:30 a.m., with the 5K starting at 9 a.m. and the Kids Fun Run at 10:30 a.m. The fee for adults is \$25 in advance (before 4/26) and \$30 on race day. For kids under age 15, the fee is \$10 in advance and \$15 on race day. Kids ages 4 and under are free. The registration fee includes an event t-shirt and numbered bib. Proceeds benefit Burke Rehabilitation Center’s work providing quality rehabilitative care for patients regardless of their ability to pay.

The event is open to the public and community members are encouraged to attend and cheer on the runners. Volunteers are also needed to help out at the event, in areas including: registration, bib/t-shirt handout, water station, traffic guide, after-race refreshments and more, with volunteers eligible to receive community service hours.

“The Heels & Wheels 5K Road Race and Walk brings together athletes, families and



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community members of all ability levels to the Burke campus to take part in a great event. It also continues Burke’s mission of inclusion for all those who wish to participate in athletic events,” says Richard Sgaglio, Ph.D., Director of Marketing and External Relations.

The 2015 Heels & Wheels event is part of Burke’s year-long centennial celebration in honor of the hospital’s 100<sup>th</sup> anniversary. Upcoming centennial events include the annual Burke Award dinner, which takes place on June 16 and the Legacy Lobby Lecture series, which takes place on the first Wednesday of every month and features a talk by a prominent speaker. For the full list of events, visit the Centennial website at [www.burke.org/100years](http://www.burke.org/100years).

Heels & Wheels 2015 sponsors include The Bristol Assisted Living in White Plains and Cuddy & Feder in White Plains. For more information on sponsorship opportunities, contact Colleen Borrelli at (914) 597-2849 or via email at [cborrelli@burke.org](mailto:cborrelli@burke.org).

To view the course details and download a registration form, visit [www.burke.org](http://www.burke.org). For additional information, questions about the event or to volunteer, contact Kathleen Edsall at (914) 597-2578 or [kedsall@burke.org](mailto:kedsall@burke.org).

### **About Burke Rehabilitation Hospital**

Burke Rehabilitation Hospital is a private, not-for-profit, acute rehabilitation hospital. Founded in 1915, it is the only hospital in Westchester County dedicated solely to rehabilitation medicine. Burke offers both inpatient and outpatient programs for those who have experienced a disabling illness, traumatic injury or joint replacement surgery. The hospital is part of Burke Rehabilitation Center, which also includes Burke Medical Research Institute and Burke’s Outpatient Division.

Burke’s world-renowned doctors and therapists provide state-of-the-art treatment while its research scientists explore the frontiers of neurological and rehabilitation medicine. All share the Burke mission to ensure that every patient makes the fullest possible recovery from illness or



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injury regardless of their ability to pay. For additional information on Burke Rehabilitation Center, please visit [burke.org](http://burke.org).

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