FOR IMMEDIATE RELEASE

“Burke Rehabilitation Hospital Hosts Annual Heels & Wheels 5K and Kids Fun Run, Rain or Shine”

WHITE PLAINS, N.Y.—APRIL 17, 2018—Burke Rehabilitation Hospital’s Annual Heels & Wheels 5k Road Race and Walk will return to White Plains on Sunday, May 6th. The event is open to walkers, runners, hand cyclists and wheelchair athletes of all ability levels.

This event, which begins and ends on Burke’s beautiful 61-acre campus on Mamaroneck Avenue, will feature a 5k race for adults and wheelchair athletes followed by a kids fun run for children ages 4-12. There will also be an activity table for kids with face painting, games and crafts.

“Heels & Wheels exemplifies Burke’s spirit of inclusion, offering participants of all abilities the opportunity to compete at their own pace while building endurance and self-confidence,” Richard Sgaglio, Ph.D., Burke’s vice president of marketing, communications and development said. “It embodies Burke’s dedication to helping people reach their full potential for an active and healthy lifestyle through our rehabilitation programs and community outreach.”

Registration for the 5k is $30 for adults and $25 for youth runners. The kids fun run is $15. Special discounted rates are available for those who register online before April 30. Online registration can be completed at:

https://raceroster.com/events/2018/15036/burke-heels-wheels-5k
Registration and packet pick up begins at 7:30 a.m. on the day of the event, with the 5k beginning at 9 a.m. Kids fun run registration begins at 9:30 a.m., with the run commencing at 10:30 am. Refreshments will be served at 11 a.m.

Heels & Wheels is open to the public and community members are encouraged to attend and cheer on the athletes. Volunteers are also needed to help out in areas such as registration, water station and traffic guides. Volunteers are eligible to receive community service hours.

The event will also feature the third annual Jenny Lewis Memorial Award. The award is given in honor of Jenny Lewis, Burke’s former chief development officer who passed away in 2015. It will be bestowed upon the volunteer who best exemplifies Jenny’s generous and giving spirit.

Burke Rehabilitation Hospital is a not-for-profit, acute rehabilitation hospital in White Plains, NY. Founded in 1915 through an endowment from philanthropist John Masterson Burke, it is the only hospital in Westchester County dedicated solely to adult rehabilitation medicine. As of 2016, the hospital is now a part of the Montefiore Health System, Inc. Burke offers both inpatient and outpatient programs for those who have experienced a disabling illness, traumatic injury or surgery. For additional information, please visit burke.org.

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