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### **MEDIA ALERT**

**What:** The American Heart Association/American Stroke Association recently [released new guidelines](#) indicating that stroke patients in need of rehabilitation should be admitted to an inpatient rehabilitation facility (hospital) as opposed to a sub-acute facility (nursing home). In particular, they now say that the team-management approach is ideal in helping patients in their recovery.

**Why Burke:** Burke Rehabilitation Hospital is an accredited inpatient rehabilitation facility that has been treating patients for over a century. Burke's [inpatient stroke program](#) provides comprehensive services that prevent secondary complications, minimize impairment, reduce activity limitations, and maximize the participation and quality of life for those who have sustained a stroke. The multidisciplinary team works together with the patient and family, providing patient-centered care to help every patient achieve his/her full potential.

*If you are covering these recent findings, members of Burke's experienced stroke team are available for comment and to explain the benefits of this treatment model.*

#### **About Burke Rehabilitation Hospital**

Burke Rehabilitation Hospital is a not-for-profit, acute rehabilitation hospital in White Plains, NY. Founded in 1915 through an endowment from philanthropist John Masterson Burke, it is the only hospital in Westchester County dedicated solely to adult rehabilitation medicine. As of 2016, the hospital is now a part of the Montefiore Health system, Inc. Burke offers both inpatient and outpatient programs for those who have experienced a disabling illness, traumatic injury or surgery. Burke serves patients from around the metropolitan New York area and throughout the world. The hospital's renowned physicians, clinical researchers and therapists provide state-of-the-art treatment and all share the Burke mission to ensure that every patient makes the fullest possible recovery from illness or injury. For additional information on Burke Rehabilitation Hospital, please visit [burke.org](http://burke.org).