

Burke Rehabilitation to Host- Inaugural Adaptive Sports & Recreation Expo

White Plains, NY, August 15, 2022: Burke Rehabilitation Hospital will host the inaugural Burke Adaptive Sports and Recreation Expo on Sunday, Sept. 18, 2022. The event will take place on Burke's 61-acre campus located at 785 Mamaroneck Avenue in White Plains from 10:00 a.m. until 2:00 p.m. The rain date is Saturday, Sept. 24. Admission is free, and registration is not required.

The Expo is open to the public and will feature adaptive sports activities such as rock climbing, off-roading, boxing, golf, yoga, and more. Vendors will demonstrate a variety of products and present the latest informational resources.

"We are excited to offer this new experience to participants and share the latest innovations in adaptive technology," said Burke's Director of Therapeutic Recreation and Adaptive Sports Eileen Andreassi, MA, CTRS. "One of our goals at Burke is to help people return to the leisure activities that they enjoyed prior to their injury or illness. We also want to offer new experiences and allow participants to remain active and vital in the community."

The Burke Expo complements the annual Heels and Wheels event held each May and replaces the annual Wheelchair Games. All proceeds from the Expo will support the Adaptive Sports & Recreation programs at Burke.

Director of Development Elizabeth Walsh added, "At Burke, we form relationships and instill confidence and hope in our patients. The Burke Expo will provide participants with a snapshot of the possibilities from which they can benefit. An active lifestyle and a sense of community are important for everyone, no matter their abilities."

If you would like to become a sponsor or make a donation, please call (914) 597-2847 or visit <https://www.burke.org/.../special-events-programs/burke-expo>.

Burke Rehabilitation is a not-for-profit healthcare organization devoted solely to acute physical rehabilitation. Its main campus is located in White Plains, NY. Founded in 1915 through an endowment from philanthropist John Masterson Burke, it has been a member of the Montefiore Health System since 2016. Burke operates the only hospital in Westchester County dedicated solely to adult and adolescent rehabilitation medicine. Burke also offers therapeutic care in locations throughout Westchester County, the Hudson Valley, and the Bronx for those who have experienced injuries, surgery, or chronic conditions, from the simple to the very complex. For additional information, please visit [burke.org](https://www.burke.org).

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