IT HAS BEEN A MILESTONE YEAR FOR BURKE REHABILITATION HOSPITAL.

In 2015, Burke celebrated its centennial anniversary, marking an incredible 100 years of providing rehabilitative care and service to our patients and the community.

Burke first opened its doors in April 1915, thanks to the generosity and foresight of our founder and benefactor, John Masterson Burke. He believed that the medical community at the time was missing a much-needed place where patients could convalesce after being discharged from the hospital. Through his generous donation, the Winifred Masterson Burke Relief Foundation—named for Mr. Burke’s mother—was established on the 61-acre campus we still call home today. The mission set forth by Mr. Burke continues today: to help those who have experienced a life-changing illness or injury make the fullest possible recovery.

To honor this momentous occasion, a number of special events were held throughout the year. These included a historical display and timeline in the lobby of Wood Pavilion, Burke’s main hospital building, a monthly lecture series, and a two-day neurorehabilitation symposium featuring renowned researchers from across the country.

Along with celebrating our centennial, Burke’s dedicated physicians, therapists, nurses and staff continued the important work they do every day, helping patients who are recovering from a variety of illnesses or injuries, including spinal cord injury, traumatic brain injury, stroke, orthopedic surgery, amputation, cardiopulmonary disease and other diagnoses. In 2015, Burke’s treated more than 2,000 patients through its inpatient programs.

Burke’s continuum of care extends from our inpatient programs to our outpatient services, which includes six clinics operating throughout Westchester and the Bronx, including here on our White Plains campus, as well as in Somers, Mamaroneck, Purchase and Yonkers. The outpatient division saw over 7,000 patients, providing physical, occupational and speech therapy, as well as specialized services such as a Driver Evaluation Program, Home Assessment Program and Memory Evaluation and Treatment Service program.

In 2015, the Burke Medical Research Institute, located on Burke’s campus, continued its groundbreaking work in basic, translational and clinical research. This work has been featured in various publications and news outlets—everywhere from the Journal of Neuroscience to Wired and Wall Street Journal Live. A number of new studies are also underway at the Institute.

We want to thank everyone who took part in the celebration of our centennial year and offer a special thanks to our Board of Directors for their leadership and vision. As we move forward into our next century of care, we remain committed to fulfilling the mission set forth by John Masterson Burke and to helping our patients get back to the lives they love.

MARY BETH WALSH, MD
Executive Medical Director
Chief Executive Officer

JOHN RYAN
Executive Director
Administration
CELEBRATING 100 YEARS AT BURKE

In 2015, Burke commemorated its centennial anniversary. The Burke story began at the turn of the last century, when John Masterson Burke, a successful New York City businessman, bequeathed $4.5 million to open a unique facility where patients could convalesce after sustaining an illness or injury. On April 7, 1915, Burke—then known as the Winifred Masterson Burke Relief Foundation—first opened its doors.

Over the century that followed, Burke has evolved into a highly respected rehabilitation center. The number of patients that have been helped and healed over the last century is incalculable. Thanks to our forbearers, our contemporaries, and those who will carry on Burke’s mission in the future, the Burke legacy of reducing disability will continue for many years to come. To celebrate this milestone, Burke hosted a number of special events throughout the year. These events showcased Burke’s rich history in health care and demonstrated Burke’s pioneering spirit within rehabilitation and medical research.

CENTENNIAL DISPLAY AND TIMELINE

From January through December, the Burke centennial lobby display was open in Wood Pavilion and featured a collection of historical artifacts from our opening in 1915 through today. These included our articles of incorporation, land deeds, original McKim, Mead and White hand drawn blue prints, annual reports and a collection of postcards sent from patients. The display featured several vignettes that showed “then” and “now” scenarios regarding the Burke campus, rehabilitation treatment, medical equipment and use of technology. Also on display was a large-scale, comprehensive timeline from 1915-2015 that highlighted significant milestones in Burke’s history.

LEGACY LOBBY LECTURE SERIES

Burke hosted a monthly lecture series featuring notable speakers and key influencers who provided thought-provoking presentations on various topics—from Burke’s rich history as a pioneer in rehabilitation to the future of technology in the field. These included lectures by Samuel White, FAIA, LEED AP, a partner in the architectural firm PBDW Architects in New York City and the great-grandson of Stanford White, one of the renowned architects from the firm McKim, Mead & White, who designed the Burke campus, as well as Harry Waizer, a Cantor Fitzgerald employee who was seriously injured in the September 11 attacks, who discussed his rehabilitation journey, and various members of Burke’s senior administration team.

FOUNDER’S DAY CELEBRATION

On April 7, Burke celebrated Founder’s Day with a reception for employees featuring a cake made in the likeness of Burke’s Billings building.

BURKE MEDICAL SYMPOSIUM

Burke hosted the Burke Centennial Neurorehabilitation Symposium: A Meeting of the Minds, Leading Rehabilitation Research into the Future from October 9 – 10. The symposium focused on the mechanisms that underlie injuries and illnesses of the central nervous system and their treatment and featured prominent researchers and scientists from across the country, including keynote speaker George Yancopoulos, MD, PhD, President of Regeneron Laboratories & Chief Scientific Officer of Regeneron Pharmaceuticals, Inc.

1915: The Winifred Masterson Burke Relief Foundation opens
1924: Burke becomes a founding member of the American Heart Association
1942: Burke pioneers the use of prosthetics in veterans
1963: The Joint Commission on Accreditation of Hospitals approves Burke as a hospital
1968: Burke and Cornell University Medical College initiate the first research studies on Parkinson’s disease
1972: A newly built 150-bed hospitalopens in Wood Pavilion
1975: Burke Medical Research Institute is established and begins conducting research in synergy with Burke
ANNUAL EVENTS

In 2015, Burke’s traditional annual events were celebrated in Centennial-style. They included the annual Heels & Wheels 5K and Kids Fun Run, which brings together able-bodied and wheelchair athletes to participate in a fun race and the Wheelchair Games, which, in its 36th year, included new activities, such as wheelchair basketball.

The Centennial Burke Award reception, which was held at The Pierre in New York City, was a gorgeous venue for honoring the 2015 Burke Award recipients:

» Brad and Jessica Berman, a former Burke patient and his wife, who’ve worked to raise money to create and build a lower extremity robotics program at Burke.

» Ryan McDonagh, captain of the New York Rangers, who is an advocate for those requiring rehabilitation, including acting as a mentor to a young Burke spinal cord patient.

» Mick Ebeling, founder and CEO of Not Impossible Labs, whose mission is to use “Technology for the sake of humanity” and to create low-cost, open-source devices to help people in need.

1980:
Burke introduces its wheelchair table tennis program

1995:
Burke Medical Research Institute begins a joint venture in robotic therapy with MIT

2002:
Burke expands its outpatient services by opening an outpatient clinic in Purchase, NY

2008:
Burke changes its inpatient therapy to the program model and develops a six-program format for inpatient care

2010:
Burke is the first post-acute hospital to achieve stage-6 certification for electronic medical records

2013:
Burke Medical Research Institute introduces its Restorative Neurology Clinic

2015:
Burke kicks off its centennial celebration commemorating 100 years of pioneering rehabilitation
### 2015 AT A GLANCE

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<tbody>
<tr>
<td><strong>TOTAL INPATIENTS</strong></td>
<td><strong>2,198</strong></td>
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<tr>
<td><strong>PATIENTS’ AGE RANGE</strong></td>
<td><strong>17 - 101</strong></td>
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<tr>
<td><strong>AVERAGE INPATIENT AGE</strong></td>
<td><strong>70</strong></td>
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<tr>
<td><strong>AVERAGE INPATIENT STAY</strong></td>
<td><strong>16</strong></td>
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<tr>
<td><strong>TOTAL OUTPATIENTS</strong></td>
<td><strong>7,462</strong></td>
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<td><strong>TOTAL OUTPATIENTS VISITS</strong></td>
<td><strong>105,475</strong></td>
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<tr>
<td><strong>PERCENT OF PATIENTS SURVEYED WHO ARE LIKELY TO RECOMMEND BURKE</strong></td>
<td><strong>95%</strong></td>
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“I tell everyone about Burke and give them the credit for my improvements. It is the best place to come when you need physical therapy, occupational therapy, speech therapy and community programs. My motto is: baby steps are better than no steps at all, because with the right help it will happen.”

**Anne Price**, who was diagnosed with multiple sclerosis and has been both an inpatient and outpatient at Burke.

Today, she participates in Burke’s Fitness Challenge, which provides an individualized exercise program to maintain or improve cardiovascular and muscular stamina.

“My father Walter A. Kelly, who lived to be 80 years old, was a patient at the Burke Relief Foundation from about 1921 - 1927 (age 4-10). He had TB in his spine at age 3 and underwent surgery, in which he had infected vertebra removed. Throughout his life he spoke fondly and appreciatively of the treatment he received at Burke, acknowledging that it was the care he received there that enabled him to survive such a serious surgery at an early point in the history of such a dangerous procedure. He went on to be a pioneer in the field of Special Education, establishing the special education program in the schools of the Archdiocese of New York and served on an advisory board to President Johnson.”

**Walter Kelly**, whose story was submitted to our Share Your Success Story campaign. The campaign was created as a way to celebrate Burke’s centennial and learn more about Burke patients over the years.
“Before arriving at Burke, I was very lazy, and was unhappy with my condition. I didn’t know what to expect from Burke. In the past, when I had scrapes and bruises, I would heal quickly, so I thought my injury would heal quickly too. I really wanted to go back to school. As time passed, my attitude started to change. I was happier about life and was making progress with all my areas of therapy.”

Rashaad Bryan, who experienced a stroke at 18, which left him blind in his right eye and unable to use the left side of his body. He is now graduating college and studying psychology,

“You get the three hours of physical therapy. They’re mindful of who you are and they’re very attentive when you’re [doing] your physical therapy. There’s enough people there to control your efforts and keep you in step of what you have to do.”

Arthur Potenza, a former Burke cardiopulmonary patient
PHILANTHROPY AT BURKE

Burke was established thanks to the generosity of our founder and benefactor, John Masterson Burke. This legacy of giving continues today. As a nonprofit institution, Burke relies on the generosity of individual donors, foundations and corporations to ensure that we can continue to provide our much-needed programs and services and remain at the forefront of rehabilitation medicine.

This philanthropic support enables us to provide the most effective rehabilitation care and conduct leading edge research aimed at reducing disability and improving the lives of thousands of patients each year who have experienced a spinal cord injury, stroke, traumatic brain injury or other condition.

We recognize and thank the following contributors who have supported Burke with gifts of $1,000 or more.

If you believe your donation is not reflected in this list, please contact the development office at (914) 597-2847.

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Burke’s Auxiliary is a volunteer organization made up of people from the community who are committed to raising money and volunteering their time to help support Burke’s programs and services. In 2015, money raised through the Auxiliary went towards the adaptive sports program, equipment for both inpatient and outpatient programs and informational display monitors that can be seen throughout the hospital. Information about upcoming events and Burke programs are readily available to all, thanks to the support of the Burke Auxiliary.
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