

## Directions

**From the George Washington Bridge:** Take either the Henry Hudson Parkway North or I-95 North.

Take the Henry Hudson Parkway north to the Cross County Parkway east to the Hutchinson River Parkway north. Exit at 23N onto Mamaroneck Ave and continue for five traffic lights to Heatherbloom Road. Turn right and Burke's entrance in on your immediate left. (If you pass Bryant Avenue you have gone too far.)

Take I-95 north to the Hutch northbound to exit 23N and follow Mamaroneck Ave. as directed above. Or continue past the Hutch on I-95 to exit 18B (3rd exit after toll). Stay right off of exit, north on Mamaroneck to Heatherbloom Road and turn right. Burke is on your immediate left. (If you pass Bryant Avenue you have gone too far.)

**From NYC:** Take the Henry Hudson north, Major Deegan (I-87) north, Bronx River Parkway north, Hutchinson River Pkwy north, or I-95 North.

For Henry Hudson Parkway or I-95: follow as from the George Washington bridge.

For the Major Deegan or Bronx River Parkway, proceed north to the Cross County Parkway east to the Hutch north, to exit 23N. Take Mamaroneck Ave. north for five traffic lights and turn left onto Heatherbloom Road. Burke is on your immediate left. (If you pass Bryant Avenue you have gone too far.)

For the Hutchinson River Parkway, follow as from L.I. below.

**From Long Island:** Take the Whitestone Bridge to the Hutchinson River Parkway North to Exit 23 N. Proceed on Mamaroneck Avenue for 5 lights. Turn right. The entrance to Burke is on your immediate left. (If you pass Bryant Avenue you have gone too far.)

**From No. New Jersey:** Garden State Parkway to NY Thruway to Tappan Zee Bridge. Follow directions below from Rockland.

**From The Bronx:** Take the Hutchinson River Parkway to Exit 23 North. Turn right. Proceed on Mamaroneck Avenue for five traffic lights. Make a right; the entrance to Burke is on the left. (If you pass Bryant Avenue you have gone too far.)

**From Rockland:** Cross the Tappan Zee Bridge on the N.Y.S Thruway to 287 East. Use Exit 9A Westchester Ave. Make right at first light, Bryant Avenue. Proceed 4 lights to Mamaroneck Avenue. Make left onto Mamaroneck Ave. First light make left onto Heatherbloom Road. Make your immediate left into Burke.

**From East, Connecticut or New England:** I-95 South to I-287 West. Exit 9S to the Hutchinson River Parkway South. Use Exit 23 North. Proceed on Mamaroneck Avenue for 5 traffic lights. Make a right, entrance to Burke is on immediate left. Or take Merritt Parkway or I-684 South to Hutchinson River Parkway South. Use Exit 23 North. Continue for five traffic lights to Heatherbloom Road. Turn right and Burke's entrance in on your immediate left. (If you pass Bryant Avenue you have gone too far.)

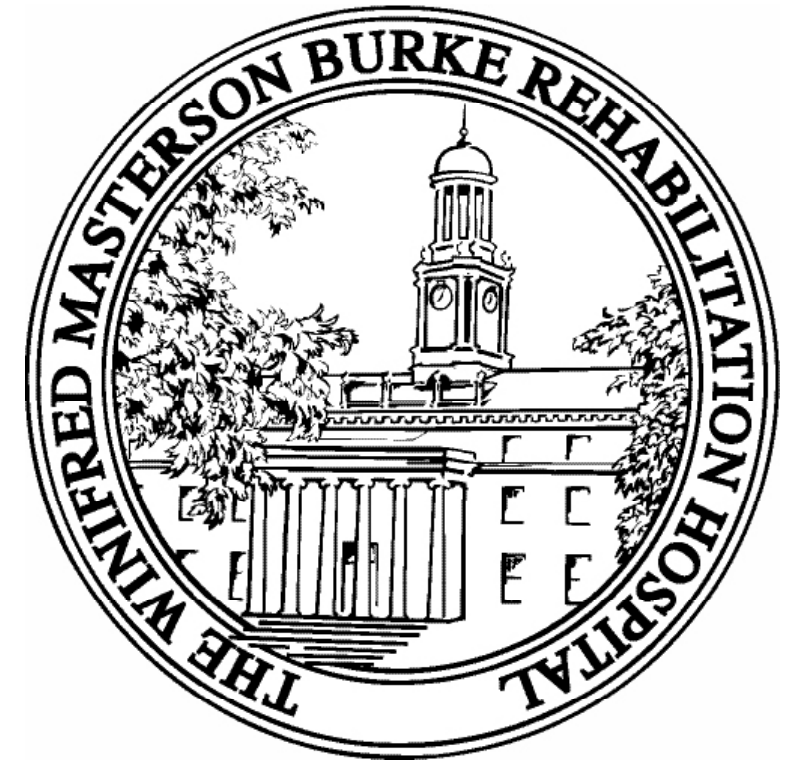
**From North on Route 684:** Go south on 684 to the Hutchinson River Parkway. See directions above or, you may also go south on 684 exiting at White Plains/Rte. 287 West. Stay on Westchester Avenue to first traffic light. Turn left crossing over bridge (crossing over 287) and left at the light onto Westchester Ave. Make a right at the next light onto Bryant Ave. At the fourth light make a left onto Mamaroneck Ave. Go one block to traffic light at Gedney Way/Heatherbloom Rd. Turn left onto Heatherbloom; The Burke entrance is on the immediate left.

**From North on the Taconic:** Travel southbound and bear left to enter the Sprain Brook Parkway. Follow signs to Route 287 East. Exit 9A /Westchester Ave. Make right at first light onto Bryant Avenue. Proceed four lights and make left onto Mamaroneck Ave. At first light make left onto Heatherbloom Road and an immediate left into Burke.

**By Bus:** Take the Beeline bus to White Plains Trans-Center. Then take bus number 60/62 to Burke.

**By Train from NYC:** Take Metro North to the White Plains train station. Then take bus number 60/62 to Burke.

# Visitor's Information Guide



## The Burke Rehabilitation Hospital

### 785 Mamaroneck Avenue

### White Plains, New York 10605

### (914) 597-2500

### [www.burke.org](http://www.burke.org)

# Information

## TOURS:

- Tours of Burke Rehabilitation Hospital’s facilities, programs and grounds are available for patients, families, community members and medical professionals. Please contact the appropriate number below for additional information and to schedule a tour.
  - For patients and families, contact the Burke Screening Department at (914) 946-0865.
  - For community groups, contact the Community Relations Department at (914) 597-2848.
  - For medical professionals, contact the Clinical Marketing Department at (914) 597-2491.

## VISITING HOURS:

- Patients may receive visitors daily until 8:00 pm. However, during the day, patients are involved in intensive therapy and will not be in their rooms during these sessions.
- All visitors must stop at the security desk in the main lobby of the Wood Pavilion for identification and directions.
- During lunch time and in the evenings are the best time to visit a patient.
- Children are permitted in patient rooms only when accompanied by an adult.
- Patients have the right to designate if they receive visitors and who may visit them while at Burke. This consent may be changed or withdrawn by the patient at any time during their hospital stay.
- Burke Rehabilitation Hospital does not restrict, limit or deny visitation privileges on the basis of race, color, national origin, religion, sex, sexual orientation, gender identity or disability.

## CAFETERIA:

- Breakfast is served from 8:00 am until 10:00 am
- Lunch is served from 11:30 am until 2:15 pm
- Dinner is served from 5:00 pm until 7:00 pm

## COFFEE SHOP:

- Visitors may purchase sandwiches, snacks, soft drinks and coffee in the 24-hour vending area on the ground floor of the Wood Pavilion.
- Tables and chairs, television and microwave are available in the coffee shop for your convenience and comfort.

## GIFT SHOP:

- Burke’s gift shop, run by the hospital auxiliary is stocked with a wide range of items such as sundries, gifts and snacks.
- The gift shop is located on the ground floor of the Wood Pavilion, adjacent to the main lobby.
- The gift shop hours are weekdays from 9:00 am until 4:00 pm and weekends from 12:30 pm until 4:00 pm.

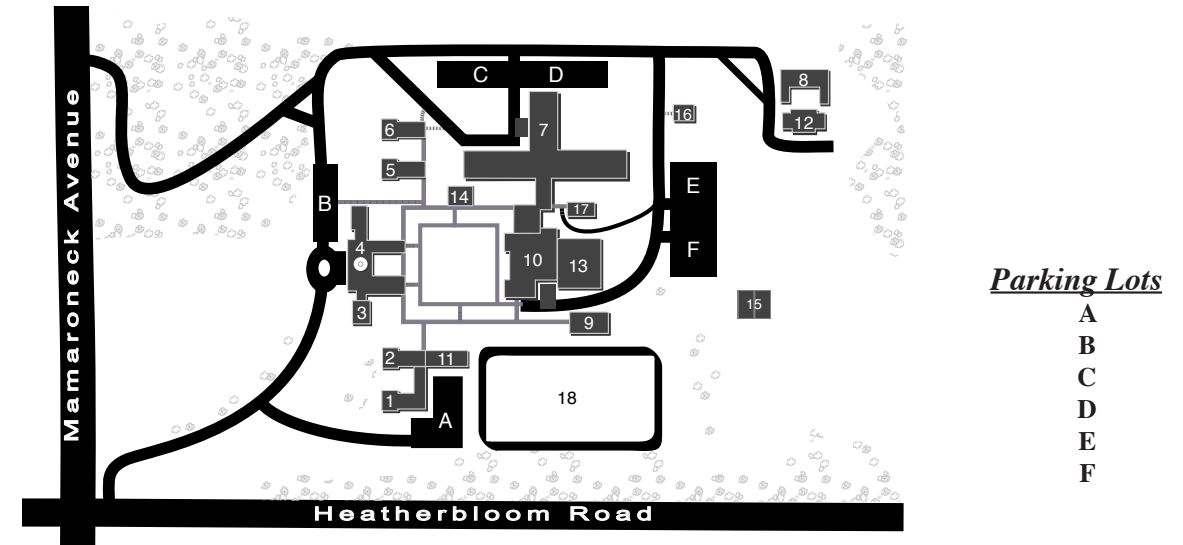
## PARKING:

- All visitors should park in designated visitor parking lots “C” and “D” unless otherwise posted.

## SMOKING:

- There is absolutely no smoking allowed anywhere at Burke Rehabilitation Hospital including the grounds. This policy is enforced by Burke Security and is for the health and well-being of our patients, visitors and employees.

# Campus Map



## Parking Lots

- A
- B
- C
- D
- E
- F

## Building/Office

- 1. Hewitt Building**
- 2. Sturgis Building**  
Burke Medical Research Institute
- 3. Burke House**
- 4. Billings**  
Alzheimer's Association  
Community Relations/Dev.  
Education/Conference Facility  
Montessori Childrens Center  
Volunteer Office
- 5. Sheppard/6. White**  
Staff Dormitories
- 7. Wood Pavilion**  
*(ground floor)*  
Admitting Office  
Cashier  
Coffee Shop  
Communications  
G-41 (conference room)  
Gift Shop  
Hydrotherapy  
Information/Security Desk  
Lobby  
Meditation Room

## Building/Office

- Wood Pavilion Continued*
- Nursing Ed. Classroom
  - Occupational Therapy
  - Patient Library
  - Physical Therapy
  - Physicians' Suite
  - Respiratory Therapy
  - Social Work/Case Mgmt.
  - Solarium
  - Speech Therapy
  - Therapeutic Recreation Office
  - Radiology (X-ray)
- (first floor)*
- EKG
  - Harris Parlor
  - Nursing Office
  - Patient Units
- 8. Outpatient Rehab Services**  
Physical, Occupational &  
Speech Therapy  
Admitting Office  
Information Desk  
Outpatient Physicians' Suite  
Outpatient Radiology  
Patient Financial Services
  - 9. East Building**  
Information Service  
Medical Records

## Building/Office

- 10. Alexander Building**  
*(ground floor)*  
Central Supply  
Mailroom  
Pharmacy
- (first floor)*  
Cafeteria  
Diet Office  
Engineering/Maintenance  
Environmental Services  
Laundry  
Shipping/Receiving
- (second floor)*  
Finance Department  
Payroll Office  
Patients Fin. Services
- (third floor)*  
Employee Health  
Human Resources  
Purchasing  
Safety & Security
- 11. Building**
- 12. Staff Cottage**
- 13. Maintenance Garages**
- 14. Matthew O'Connell Sports Center**
- 15. Tennis Courts**
- 16. Staff House**
- 17. Patient Greenhouse**
- 18. Track**