

Gratitude

Giving Thanks to the Friends of Burke Rehabilitation Hospital

“ Your support has made an impact on the lives of thousands of Burke patients recovering from traumatic injury or illness. ”

Mary Beth Walsh, MD
CEO and Executive Medical Director,
Burke Rehabilitation Hospital



Max Gomez



Dear Friends,

Welcome to our inaugural issue of *Gratitude*, a quarterly newsletter for Burke's loyal donors. All of us at Burke are grateful for your ongoing support of our mission, programs and services. Only with such support are we able to continue our programs and introduce new and innovative initiatives to our patients and the community.

This past year, Burke has been busy, and I would like to share some of our recent accomplishments— **just some of the ways your support has helped thousands of patients recovering from injury, illness or surgery:**

- ▶ **Expanded our outpatient services:** We opened our seventh outpatient clinic in Armonk, New York, bringing our comprehensive outpatient services to people living in central and northern Westchester County.
- ▶ **Launched a new medical education program:** We introduced an ACGME-Approved Physical Medicine & Rehabilitation residency program to help train the next generation of rehab physicians.
- ▶ **Created a neurological care management program:** Thanks to the generosity of the David M.C. Ju Foundation, we were able to continue to make progress in our Lily and David Ju Care Management Program, which provides neurological patients with counseling and resources after they're discharged from the hospital.
- ▶ **Increased our number of inpatient neurological beds:** With 30 additional beds, we can treat more patients severely impacted by stroke, brain and/or spinal cord injury, or other neurological conditions.

I invite you to read the articles about our **Rehabilitation Certification Training** for registered nurses and our **Adult Fitness Center**, which are both designed to strengthen our patient and community services—and supported largely by the generosity of donors. Also take note in Upcoming Events of the **Luncheon for W.M. Burke Cabinet members** on April 20.

Together we have been able to accomplish great things, and we hope to continue to do so with your support. This year, we plan to add another outpatient clinic in Westchester, enhance our inpatient services with new rehab equipment, expand our residency program to train more physicians, and invest in capital improvements on the Burke campus. For our past successes and hopes for the future, we're deeply grateful for your loyalty and steadfast support.

Finally, as you have likely heard, after 37 years at Burke, I am turning the reins over to our incoming President and CEO, Jeff Menkes next month. Jeff has had a long and distinguished career in hospital operations, most recently at Montefiore Medical Center, and I believe he will be a tremendous asset to Burke in the coming years.

Under Jeff's leadership, I look forward to seeing Burke continue to achieve its goals in 2017 and beyond.

Mary Beth Walsh, MD
CEO and Executive Medical Director,
Burke Rehabilitation Hospital



The Faces of Burke:

DR. RONALD VERRIER



We invite you to meet Ronald, a trauma and critical care surgeon. Ronald was on a family vacation in the Bahamas when disaster struck: While riding on a jet ski, he was in an accident and passed out in the water. Though he regained consciousness, he was put on an emergency flight back to the United States. It turns out, Ronald had a debilitating heart attack and underwent angioplasty right away. The Long Island resident also had respiratory failure and ultimately required a tracheotomy.

By the time he arrived at Burke, Ronald had lost his muscle strength—he wasn't even able to lift his hand to his head—and he couldn't walk or get out of bed. But the father of three was determined to regain his strength and today is able to walk and move freely.

His real hope, though, was to perform surgery again. He met that goal, too. Just two years after his accident, Dr. Ronald Verrier is now back in the operating room.

Dr. Verrier and Max Gomez (on our cover) are two of the patients profiled in Burke's *Faces of Burke* exhibit, now on display at the Reckson Metro Center in White Plains. In May the gallery will move to Montefiore New Rochelle for two months.

The outstanding programs and services we offer are made possible by the generosity of individuals, businesses and foundations. We value every contribution because our patients benefit every single day.

Rehabilitation Certification Training Strengthens Core Capabilities

Burke is committed to creating a work environment in which nurses have the resources to be at the top of their game through continuing education, including specialized training for the national certification in rehabilitation. In fact, nearly 50 percent of Burke's nurses have national certification as compared to 34 percent of nurses at other rehabilitation hospitals and 22 percent at all hospitals in the country.

Certification in rehabilitation not only validates the acquisition of in-depth knowledge and skills that nurses need to provide outstanding care and service for patients, but it also strengthens Burke's Service Excellence Standards, with its focus on compassionate, courteous and efficient service to our patients.



Such professional and workforce development programs are an important component of Burke's capabilities and the reputation we have earned over decades. But funding is needed to cover the cost of classes, including 18 facilitators (trained nurses and doctors) who will provide the curriculum and conduct the training, which is scheduled for the fall. Funds are also needed to cover the cost of replacement nurses to fill in for those nurses participating in the training.

"We ask donors to help support this important program, whose impact is nothing short of maintaining the service excellence and mission to which we are dedicated," says Marie Spencer, CRRN, Senior Administrator, Chief Nursing Officer.

For more information on rehabilitation certification and how your contribution will be used, please contact the Development Department at (914) 597-2847.



Westchester's Best Kept Secret: Burke's Adult Fitness Center

Burke's Fitness Center has become an integral part of our community wellness initiative effort. But it's more than that. Whether patients have just completed rehabilitative therapy, have an on-going medical condition or simply want to get into shape, our Adult Fitness Center has what they need. It's a useful resource for the community.

Many adults 40 and older who live in Westchester would like a safe, comfortable exercise space—but without the music blaring environment of today's typical gym. Burke's Fitness Center is more inviting, with everything you need for cardio and strength training—and nothing you don't. The facility is easily accessible to White Plains and the surrounding communities and offers ample free parking. For more information, please contact (914) 597-2805.

We are grateful to Constance Porter for her planned gift of \$256,000 to the Fitness Center, which has provided funding for new equipment, future renovations and scholarship programs.



John R. McCarthy, Member, Burke's Board of Trustees; Nominating Chair

As a member of the Adult Fitness Center, I enjoy the health benefits of regular exercise. But I gained a true appreciation of the facility after my knee and hip replacement surgeries.

Then and now, it has made a significant impact on my recovery and quality of life. Burke's outstanding programs, like the Adult Fitness Center, are among the many reasons I continue to make personal donations to Burke, while encouraging others to do so, as well.

So why not become a member? Support Burke and take advantage of a great facility. You'll feel so much better! And if you would like information about how to include Burke in your will and create a lasting legacy, please call (914) 597-2847.



Upcoming Events

FACES OF BURKE GALLERY EXHIBIT



Faces of Burke is a traveling photography exhibit that showcases the individuality of the patients treated at Burke, featuring beautiful photos and inspiring stories. The exhibit is now at the Reckson Metro Center at 360 Hamilton

Avenue in White Plains, until the end of April. If you're interested in receiving a personal tour of the exhibit, contact the Development Department at (914) 597-2847.

W.M. BURKE CABINET LUNCHEON

Burke is deeply grateful to members of the W.M. Burke Cabinet for their generous support. A thank you luncheon will be held on **Thursday, April 20** at noon in Harris Parlor for all Cabinet members. For more information about this event or the W.M. Burke Cabinet, call (914) 597-2847.

HEELS & WHEELS 5K ROAD RACE & WALK



Runners, walkers and wheelchair athletes of all abilities are invited to take part in Burke's annual 5K, held on the White Plains campus on **Sunday, May 7** at 9 am. (Registration begins at 7:30 a.m.) Participants can rank in a number of different classifications, with a medal presentation at the end. After the 5K,

there will be a Kids Fun Run for kids from 4 to 12 years old, as well as other kids activities. Visit Burke's website to register.

BURKE AWARD GALA

The Burke Award, the highest honor bestowed by Burke's Administration and Board of Trustees, is presented to an individual or group that has made significant contributions to the field of rehabilitation. This year's honorees are Barbara and Steven Kessler (Barbara is a stroke survivor and aphasia advocate; Steve is a caregiver and patient advocate), and Michael Reding, MD, former Medical Director of Burke's Stroke Rehabilitation Program. The event will take place on June 8 at the Brae Burn Country Club in Purchase. For more information, call (914) 597-2847.

Did you know that in 2016...

- ▶ Burke treated 2,306 inpatients
- ▶ Burke provided 116,605 outpatient visits
- ▶ The average length of inpatient stay was 18 days
- ▶ 95% of patients would recommend Burke to others*

*Source: Press Ganey

2016 W.M. Burke Cabinet

Chairman's Cabinet (\$10,000+)

Altman Foundation	Leona Kern
Burke Hospital Auxiliary	David Pedowitz
The Charles A. Mastronardi Foundation	Constance C. Porter
David M.C. Ju Foundation	Toby & Nataly Ritter
Donald E. Foley	Judy Soley
Michelle L. Goldman	Will Rogers Institute

Executive Cabinet (\$5,000-\$9,999)

James Baker	JoAnn & Joseph Murphy
Klara Barna	John & Maryellen O'Connor
Bruce D. Bottomley	The Richard H. Yearick Foundation
Carl de Stefanis	David Siegler
Wilfred A. Finnegan	The Society of the Friendly Sons of St. Patrick
Peter Gisondi	Alex C. Solowey, MD
Irwin Kallman	David & Karen Thomas
Nicholas Kronfeld	The V & L Marx Foundation
David Lynn	Sandra A. Wynne
John R. McCarthy	

Leadership Cabinet (\$2,500-\$4,999)

Christopher C. Allen	Anthony B. Gioffre
Robert J. Baldoni	Charles Hubbard
Margaret Cataldo	William M. Jennings
Pierce B. T. Crosbie	St. Dominic R.C. Church
Honorable Samuel G. Fredman	Mary Beth Walsh, MD

Cornerstone Cabinet (\$1,000-\$2,499)

Robert T. Adams	Flora Magliari
Barbara & Joseph Baratta	John Mangan
James I. Berliner	Paul Meichelbeck
John S. Berman	Jeffrey Menkes
Jennifer Corn Carter	Barbara Monohan
Richard T. Celiberti	Julia A. Murphy
Lawrence C. Christianson	Newman-Tanner Foundation
Stephanie & Charles Cohen	Eleanor & Robert November
Michael J. Daly	Elaine Parnes
The Feuerring Foundation	John Pufahl
Gerald Friedman, MD, PhD	Andrew D. Racine, MD, PhD
Gary Gibson, PhD	Raffiani Family Foundation
Charles V. Glennon	Catherine M. Randolph
Dolores H. Haffner	Rosalie Katz Family Foundation
George Hosey	David Z. Rosensweig
Hurlburt Foundation, Inc.	John J. Ryan
Lawrence J. Kadish, MD	Lynn G. Straus
Marcella S. Kahn	Kenneth J. Sweeney
Bernadette Kingham-Bez	Theresa Mae Tori
Walter G. Korntheuer	The Tow Foundation
Richard Laster	Liza L. Veto
Jean Lawson Stone	Edward J. Walsh
Alexandre C. Levitch	Mildred Weissman
Caryn Lombardi	Ann T. Welles
Dawn Magliari	Jason Wong

Burke Rehabilitation Hospital

785 Mamaroneck Avenue White Plains, NY 10605
Phone: (914) 597-2500 • www.burke.org