

## BURKE REHABILITATION: ADAPTIVE SPORTS & RECREATION

Before you participate in Burke's Adaptive Sports & Recreation program, this form must be completed in its entirety. This information is essential to our ability to facilitate a successful experience. All sections must be completed thoroughly and accurately. A physician must sign the medical form.

Today's Date (MM/DD/YYYY): \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Name(s) & Date(s) of clinics/program(s) you are registering for: \_\_\_\_\_

### Contact/Biographical Information

Name: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Email: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_ Zip: \_\_\_\_\_

Name of Parent/Guardian (if applicable): \_\_\_\_\_

Relation to participant: \_\_\_\_\_ Parent/Guardian Phone: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Relation: \_\_\_\_\_ Phone: \_\_\_\_\_

Primary Physician: \_\_\_\_\_ Physician Phone: \_\_\_\_\_

(If no primary physician, please list 2<sup>nd</sup> emergency contact) (or 2<sup>nd</sup> emergency contact number)

### Disability/Medical Information

Date of Birth (MM/DD/YYYY): \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Gender: \_\_\_\_\_

Participant Disability/Diagnosis: **\*\*BE SPECIFIC! LIST ALL THINGS THAT MAY AFFECT YOUR PARTICIPATION!\*\***

**For Example Cardiac; Diabetes; Pulmonary; Orthopedic; etc.)**

Are there any mental health/behavioral needs of which staff should be made aware?

If disability was caused by injury/incident, please give the date (MM/DD/YYYY): \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Any injuries/surgeries in the past year? \_\_\_\_\_

Current Medications? Please list: \_\_\_\_\_

Allergies (food, medications, latex, bees, other): \_\_\_\_\_

Do you have a known anaphylaxis reaction to the allergen above? \_\_\_\_\_

If yes- do you carry and Epinephrine Auto Injector (EpiPen)? \_\_\_\_\_

If yes-do you give Burke permission to administer your epinephrine to you if you are unable to do so? \_\_\_\_\_

Have you ever had a seizure(s)? \_\_\_\_\_ Date of last seizure (MM/DD/YYYY): \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Seizure management (Meds, etc.) \_\_\_\_\_

Can participant wear a helmet? \_\_\_\_\_

Please describe any other medical concerns that may affect participation: \_\_\_\_\_

### Physical/Social Information

Mobility: Independent Requires extra time Needs assistance

Devices used to aid mobility (check all that apply):

Braces Walker Cane Manual wheelchair Power wheelchair Crutches Other:

Transfers: Independent Supervision Minimal Assistance Moderate Assistance Maximal Assistance

If you need help with transfers, do you have an aide? \_\_\_\_\_

Please describe all pertinent information regarding transfers: \_\_\_\_\_

Please describe any hearing and/or visual issues and any special needs/concerns: \_\_\_\_\_

Please describe any pertinent information regarding the participant's means of communication and interactions with others. Please include any stressors, motivators, or other relevant information.

Continued >

Please describe your...	Left Side	Right Side
<b>Arm strength</b>		
<b>Hand grip strength</b>		
<b>Arm/Hand sensation</b> (numbness, tingling, etc.)		
<b>Arm range of motion</b>		
<b>Leg strength</b>		
<b>Leg/Foot sensation</b> (numbness, tingling, etc.)		
<b>Leg range of motion</b>		

How did you hear about us?

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What activities are you (the participant) interested in participating in?

- |  |                                      |                                       |  |                                       |
|--|--------------------------------------|---------------------------------------|--|---------------------------------------|
| <input type="checkbox"/> Water Skiing  | <input type="checkbox"/> Fishing     | <input type="checkbox"/> Archery      | <input type="checkbox"/> Field Events    | <input type="checkbox"/> Pickleball   |
| <input type="checkbox"/> Hand Cycling  | <input type="checkbox"/> Snow Skiing | <input type="checkbox"/> Sailing      | <input type="checkbox"/> Expressive Arts | <input type="checkbox"/> Dance        |
| <input type="checkbox"/> Rock Climbing | <input type="checkbox"/> Kayaking    | <input type="checkbox"/> Tennis       | <input type="checkbox"/> Softball        | <input type="checkbox"/> Power Soccer |
| <input type="checkbox"/> Boxing        | <input type="checkbox"/> Golf        | <input type="checkbox"/> Table Tennis | <input type="checkbox"/> Theater/Improv  | <input type="checkbox"/> Other        |

Please describe your experience w/your selected activities, including equipment adaptations, personal goals, and any other specific information that will help us prepare for your participation:

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Would you like to know more about our other programs, and stay up to date to our upcoming programs and available resources? (I.E. Fitness classes, fitness challenge, cycling races, fundraisers, wheelchair games, etc.)

Yes! Email: \_\_\_\_\_

No thank you

## **BURKE ADAPTIVE RECREATION RELEASE**

### **RELEASE OF LIABILITY (required)**

I/we hereby for ourselves, our heirs, administrators and assigns, waive and release any and all claims against The Burke Rehabilitation Hospital and its employees, contractors and volunteers, for any and all injuries and/or expenses incurred by me/us while using any related recreation equipment (such as McClain Training Rollers, Quad Grips, helmets, Hand Cycles, Golf Clubs, Climbing Equipment, Kayaking Equipment, Table Tennis Equipment, etc.) during participation in clinics, classes, workshops, practices, training, rides or competition.

Printed Name of Participant: \_\_\_\_\_

Signature of Participant: \_\_\_\_\_ Date: \_\_\_\_\_

Legal Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

*Questions? Call (914) 597-2248 and leave a message.*

*We will return your call as soon as possible.*

**After you have completed this form in its entirety,  
please return to:**

Recreational Therapy c/o Eileen Andreassi  
Burke Rehabilitation Hospital 785 Mamaroneck  
Ave.

White Plains, NY 10605

[AdaptiveSports@Burke.org](mailto:AdaptiveSports@Burke.org)

FAX: 914-597-2829

OFFICE USE ONLY

Project: \_\_\_\_\_ Location: \_\_\_\_\_ Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

M  F Age: \_\_\_\_\_ Note: \_\_\_\_\_ Rev 5/2020



### CONSENT AND RELEASE FOR USE OF IMAGES

I, \_\_\_\_\_, hereby agree to grant to Burke Rehabilitation Hospital its parents, successors, affiliates (hereinafter “Burke”) and all persons acting under its permission or authority including, but not limited to, its parent, successors, affiliates (hereinafter “Burke”) employees and other persons it may engage (“Licensees”), to interview me, have permission to photograph, publish, reproduce, record and use photographs, motion pictures, videotapes or audio tapes (collectively referred to as “Images”) of me , in order to memorialize the medical care, surgery, any other procedures to be performed, my presence at Burke facilities, attendance at Burke events and/or participation in Burke research studies. The Images may be used for any and all purposes, including but not limited to distribution to the media, educational, promotional, publicity, advertising and fundraising purposes, as well as for possible publication by Burke in various traditional and social media (e.g. Facebook) and on the Internet. I acknowledge and agree that neither Burke will pay me, my children, or my legal ward while a patient at Burke in any manner for such photographing/ recording and use of the Images. I grant this permission and release as a voluntary contribution and I waive any and all rights I (or my child) may have to royalties or other compensation in connection with any such publication or use. I hereby waive my right to inspect and/or approve the finished products and final usages. I hereby release and discharge Burke from any liability by virtue of any blurring, distortion, alteration, optical illusion or use in composite form that may occur or be produced in the creation



or processing of any images created by Burke. The foregoing permission is granted for the entire time period during which I (or my child) receive(s) outpatient and inpatient treatment and the right to use the Images shall continue until such time that the footage, photographs and other images are no longer used by Burke for educational, promotional, publicity, commercial and fundraising purposes. I also understand that I may contact my attending physician or research study coordinator in writing to revoke future uses, but that my revocation will not affect disclosures of information that have already occurred. I understand that I am not required to sign this form authorizing the use of Images, and I may refuse to do so without any effect on my receipt of care at Burke.

I hereby release Burke, its trustees, officers, employees, physicians, agents and assigns from any and all legal liability that may arise from any of the foregoing and I waive any and all rights I (or my child) may have to royalties or other compensation in connection with any of the foregoing.

Name (PRINT): [redacted] Signature: [redacted]

Address: [redacted] Date: [redacted] / [redacted] / [redacted]

Email address (optional): [redacted] Phone: [redacted]

*Witness:*

Name (PRINT): [redacted] Signature: [redacted] Date: [redacted] / [redacted] / [redacted]



## MEDICAL CLEARANCE FORM

Your patient [redacted] has applied to participate in an Adaptive Sports & Recreation program at Burke Rehabilitation Hospital which requires your medical clearance prior to participation. Clearance indicates that this patient has no contraindications for participation in active sports or passive recreation activities.

My patient, [redacted] is physically able to participate in the Adaptive Sports & Recreation program.

Please list any restrictions or concerns (including medications).

[redacted]

[redacted]

**COVID 19 Attestation:** My Patient [redacted] had [redacted] has not had COVID. If Yes: when? [redacted]

Received [redacted] Moderna Vaccine: [redacted] 1 dose [redacted] Both Doses

[redacted] Pfizer Vaccine: [redacted] 1 dose [redacted] Both Doses

[redacted] Johnson & Johnson Vaccine: [redacted] 1 dose

### Doctors Details

Name: [redacted] Phone No: [redacted]

Email: [redacted]

Address: [redacted]

City: [redacted] State: [redacted] Zip Code: [redacted]

Signature: [redacted] Date: [redacted]

**Please fax, email or return paper form to:**

Eileen Andreassi, MA, CTRS  
Director of Recreational Therapy & Adaptive Sports  
Burke Rehabilitation Hospital  
[adaptivesports@burke.org](mailto:adaptivesports@burke.org)  
914-597-2248  
914-597-2829 (fax)