



Dear Members,

We are thrilled to announce that the **Burke Adult Fitness Center will officially reopen on Monday, November 16th!**

Given the gravity of the current pandemic, it is our responsibility as a healthcare facility to reopen with all the precautions and guidelines for social distancing and infection control in place to the best of our ability. To this end, we have temporarily moved our fitness facility to the Sports Center. (The Sports Center is the large, open gymnasium off the colonnade, where our classes were held.) This type of facility allows us to accommodate more members as we adhere to the current capacity and social distancing requirements.

Requirements and precautions to expect:

1. Masks are mandatory for everyone on Burke Hospital premises.
2. Members must reserve an exercise time in advance.
3. Upon entering Billings Building, Burke staff will require you to sanitize your hands, get your temperature checked and answer the daily health questions.
4. Members and staff must socially distance at least 6 feet.
5. Members are required to clean equipment before and after use. Staff will clean, sanitize and disinfect equipment and shared spaces continually.
6. MERV filters are in place for enhanced ventilation.
7. Daily disinfecting with an electrostatic sprayer.
8. All members must resubmit a membership packet to restart their membership.

We understand that not having access to the Fitness Center has been challenging as you have developed a dependency on exercise as a means to improve your capabilities, treat an ailment or possibly cope with stress. We have done our best to provide you with tools to remain active in the interim, but we understand that exercising from home isn't always ideal. For many members and certainly for staff, being a part of our Fitness Center community was a positive and inspiring experience. During this time apart many of us noticed that this sense of community played a larger role in our lives than we gave it credit for. We have heard from many of you and we feel the same...we are excited to reunite with our fitness community! We look forward to helping you restart your fitness journey safely.

Please don't hesitate to call or email with any questions or concerns you may have.

Stay safe,
Carolyn

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