Burke Rehabilitation Hospital has welcomed patients who need physical rehabilitation from across the metropolitan area and around the world. In 2016, Burke established a 3-year advanced Physical Medicine and Rehabilitation (PM&R) Residency with Albert Einstein College of Medicine as its academic partner. There are 4 residents per each PGY class, with a total of 12 positions. The overall goal of the program is training the next generation of physiatrists with compassion, competency and leadership in our healthcare system.

Burke’s main campus features 61 acres of meticulously manicured grounds with rolling hills and award-winning foliage. The neoclassical buildings and a series of graceful colonnades—all with a view of the surrounding countryside and outdoor track for sports and adaptive sports—provide a peaceful and serene environment well suited for physical rehabilitation.

The Burke Rehabilitation Residency Program commits to becoming a top tier program in PM&R. The program aims to produce leaders in the field by aligning the program and residents’ goals and interests and by offering the highest quality education.

The didactic program is a 12-month block program that cycles yearly, reflecting the guidelines of the ACGME and American Board of PM&R. Additional educational sessions are offered in electrodiagnosis, ultrasonography, pain medicine and neuroanatomy.

Monthly grand-rounds invite renowned rehabilitation specialists to expand and exchange innovative ideas and knowledge with both faculty and residents.

All residents are required to complete a research component and present at a national conference before the completion of their residency program.

The residents’ evaluation process occurs in a supportive environment with multiple sources of data (such as end of block examinations, OSCEs, SAE-Rs, QI activities, faculty evaluations and 360 degree evaluations).

With the Program Director’s approval residents enjoy electives in locations of their choice.
Welcome to Burke Rehabilitation Hospital’s Residency in Physical Medicine and Rehabilitation!

I am very happy that you have thought about Burke for your Rehabilitation Medicine training. As Program Director, I place a very heavy emphasis on the quality of education that our residents receive. Learning occurs everywhere during residency— in the clinic, in the hospital, during didactic lectures, and even at home reviewing EMG textbooks. Learning, however, doesn’t stop with residency. One of my jobs as Program Director is to help nurture curiosity and to support lifelong learning. Shoshin (初心) is a word from Zen Buddhism meaning “beginner’s mind.” It refers to having an attitude of openness, eagerness, and a lack of preconceptions when studying a subject, even when studying at an advanced level, just as a beginner would. It is this concept that I attempt to embody in my own mind— and to instill in others as well. Even the most expert sub-specialist can learn to see their patients with “fresh eyes.”

I know how challenging residency can be, and wellness is increasingly being incorporated to reduce the risks of physician burnout, something that is plaguing much of the medical community at large. As you will see, Burke Rehabilitation seeks a balance of clinical duties, didactic learning, and life. Our Burke PM&R residency continues to grow, innovate and create.

Please take a few minutes to learn more about our exciting program, you won’t be disappointed in what you find.

With warm regards,

Benjamin J. Seidel, DO
Program Director, PM&R Residency
Burke Rehabilitation Hospital