

# BURKE REHABILITATION HOSPITAL: ADAPTIVE RECREATION 2018

Before your participation in Burke's Adaptive Recreation program, this form must be completed in its entirety. This information is essential to our ability to facilitate a successful experience.

All sections should be completed. Please be thorough and accurate.

Today's Date (MM/DD/YYYY): \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Name(s) & Date(s) of clinics/program(s) you are registering for: \_\_\_\_\_

## Contact/Biographical Information

Participant Name: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Email: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_ Zip: \_\_\_\_\_

Name of Parent/Guardian (if applicable): \_\_\_\_\_

Relation to participant: \_\_\_\_\_ Parent/Guardian Phone: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Relation: \_\_\_\_\_ Phone: \_\_\_\_\_

Primary Physician: \_\_\_\_\_ Physician Phone: \_\_\_\_\_  
(If no primary physician, please list 2<sup>nd</sup> emergency contact) (or 2<sup>nd</sup> emergency contact number)

## Disability/Medical Information

Date of Birth (MM/DD/YYYY): \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Gender: \_\_\_\_\_

Participant Disability/Diagnosis:

**(\*\*PLEASE BE SPECIFIC HERE. LIST ANYTHING THAT MAY AFFECT YOUR PARTICIPATION!\*\*)**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Are there any mental health/behavioral needs of which staff should be made aware?

\_\_\_\_\_  
\_\_\_\_\_

If disability was caused by injury/incident, please give the date (MM/DD/YYYY): \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Any injuries/surgeries in the past year? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Currently taking any medications? If yes, please list: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Allergies (food, medications, latex, bees, other)?: \_\_\_\_\_

Do you have a known anaphylaxis reaction to the allergen above? \_\_\_\_\_

If yes- do you carry and Epinephrine Auto Injector (EpiPen)? \_\_\_\_\_

If yes- do you give Burke permission to administer your epinephrine to you, if you are unable to do so?  
\_\_\_\_\_

Subject to seizure? \_\_\_\_\_ Date of last seizure (MM/DD/YYYY): \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Seizure management (Meds, etc.) \_\_\_\_\_

Can participant wear a helmet? \_\_\_\_\_

Please describe any other medical concerns that may affect participation: \_\_\_\_\_

\_\_\_\_\_

### Physical/Social Information

Mobility:  Independent  Independent (requires extra time)  Needs assistance

Devices used to aid mobility (check all that apply):

Braces  Walker  Cane  Manual wheelchair  Power wheelchair  Crutches  Other:

\_\_\_\_\_

Transfers:  Independent  Supervision  Minimal  Moderate  Maximal

Please describe any and all pertinent information regarding transfers: \_\_\_\_\_

\_\_\_\_\_

Please describe any hearing and/or visual abilities and any special needs/concerns: \_\_\_\_\_

\_\_\_\_\_

Please describe any pertinent information regarding the participant's means of communications and interactions with others. Please include any stressors, motivators, or other relevant information.

\_\_\_\_\_

\_\_\_\_\_

Continued >

Please describe your...	Left Side	Right Side
<b>Arm strength</b>		
<b>Hand grip strength</b>		
<b>Arm/Hand sensation</b> (numbness, tingling, etc.)		
<b>Arm range of motion</b>		
<b>Leg strength</b>		
<b>Leg/Foot sensation</b> (numbness, tingling, etc.)		
<b>Leg range of motion</b>		

How did you hear about us?

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What activities are you (the participant) interested in participating in?

- Hand Cycling     
 Snow Skiing     
 Sailing     
 Visual Arts     
 Dance  
 Rock Climbing     
 Kayaking     
 Yoga     
 Creative Writing     
 Recreation Outings  
 Water Skiing     
 Golf     
 Table Tennis     
 Theater/Improv     
 Other

Please describe your experience with the selected activities above, including equipment adaptations, personal goals, and any other specific information that will help us prepare for your participation:

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Would you like to know more about our other programs, and stay up to date to our upcoming programs and available resources? (I.E. Fitness classes, fitness challenge, cycling races, fundraisers, wheelchair games, etc.)

Yes! Email to reach you at: \_\_\_\_\_

No thank you

## **BURKE ADAPTIVE RECREATION RELEASE**

### **RELEASE OF LIABILITY (required)**

I/we hereby for ourselves, our heirs, administrators and assigns, waive and release any and all claims against The Burke Rehabilitation Hospital and its employees, contractors and volunteers, for any and all injuries and/or expenses incurred by me/us while using any related recreation equipment (such as McClain Training Rollers, Quad Grips, helmets, Hand Cycles, Golf Clubs, Climbing Equipment, Kayaking Equipment, Table Tennis Equipment, etc.) during participation in clinics, classes, workshops, practices, training, rides or competition.

Printed Name of Participant: \_\_\_\_\_

Signature of Participant: \_\_\_\_\_ Date: \_\_\_\_\_

Legal Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

*Questions? Call (914) 597-2248 and leave a message.*

*We will return your call as soon as possible.*

**After you have completed this form in its entirety,  
please return to:**

Therapeutic Recreation c/o Alexandra Oudheusden  
Burke Rehabilitation Hospital  
785 Mamaroneck Ave.  
White Plains, NY 10605  
[AdaptiveSports@Burke.org](mailto:AdaptiveSports@Burke.org)  
FAX: 914-597-2829