

ONLINE CAREGIVER RESOURCES

AARP Family Caregiving: Helps you navigate the role as a caregiver. Provides great educational information and connection to other caregivers.
<https://www.aarp.org/caregiving/>

Aging Care Caregiver Forum: An online forum where you can ask questions about any topic, receive answers and input from other caregivers.
<https://www.agingcare.com/caregiver-forum>

Caregiver Action Network: An organization that provides you with education, resources, and peer support.
<https://www.caregiveraction.org/>

Family Caregiver Alliance: A resource that provides supportive services to you, as well as being an advocate for caregivers. <https://www.caregiver.org/>

Next Step in Care: A website tool designed to help you work better with health care professionals and navigate the health care system.
<https://www.nextstepincare.org/>

The Caregiver Space: An online peer support and social networking community created and run by caregivers.
<https://thecaregiverspace.org/>

Wellspouse Association: An association that has an online community that offers spouses around-the-clock support.
<https://wellspouse.org/>